

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Marlise Welgens**

Has successfully participated & completed the

**7km Women Rock - Trail Run presented by Navworld**

held at Ingaadi Spa.

**TIME 00:58:49**

**PACE 08:24/km**

**OVERALL 45 of 204**

**GENDER 32 of 161**

**40 - 49 4 of 31**

28 August 2016, Sun

Date



*BoutTime*

Signature

